

Thou kneadest my clay, I know, to make a new universe. Hazrat Inayat Khan

EMERALD EARTH RETREAT

HARVESTING THE FRUITS OF AWAKENING

OCTOBER 30 AND 31, 2010

AT THE ABODE OF THE MESSAGE

A Ziraat Retreat with Sharifa Norton & Muinuddin Smith

In this weekend retreat, in the beauty of the Berkshire mountains in autumn, we will share in deep practices for cultivating the natural self, exploring the alchemy of the soul's journey, and orienting more clearly to our unfolding purpose. Attuning to Sophia, the sacred wisdom of the earth, and drawing upon the profound Ziraat teachings of Hazrat Inayat Khan, we will explore the stages and dynamic processes of cultivation. These teachings provide a code on how to do our work, to fully till the field of our being, and to bring the seeds of our ideals into manifestation. Restoring our intimacy with the sacredness of all of life, we participate in serving an earth of beauty, and realize that in this service is perfect freedom.

This retreat is open to all, those experienced or new to spiritual practice.

Program runs Sat. Oct. 30, 9:30-5pm through Sun. Oct. 31, 9:30-3pm.

Tuition is \$150. Early registration \$120 before Oct 1. Lodging and all meals are \$70/day.

Meals include Friday dinner through lunch on Sunday.

To Register: Contact via email at programsoffice@theabode.net or call 518-794-8095.

View flyer at <http://www.anemeraldearth.org/Emerald%20Earth-Abode%202010.pdf>

Abode of the Message, 5 Abode Road, New Lebanon, NY 12125

Retreat guides Sharifa Norton and Muinuddin Smith are senior teachers within the Sufi Order International, in which Sharifa also serves as head of the Ziraat in North America (www.Ziraat.org). Together they founded the Light of Guidance Center for Sufi Studies in New York City. They are co-authors of the book "An Emerald Earth: Cultivating a Natural Spirituality and Serving Creative Beauty in Our World" (ISBN 978-0-6152-3546-2) offering retreats and workshops internationally.

